



Mae Hong Son Holidays

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Department of Tourism of Thailand license No. 22/00782

Mae Hong Son Adventure / Full Day Trek

Highlights: Trekking, Hiking, Visit Long Necks Karen Hill Tribe Village.

08:30 AM

Pick up from the hotel.

Begin your journey with a scenic 15-minute drive to a picturesque Shan village, which serves as the starting point for an exciting trekking experience. The adventure kicks off with a leisurely walk through a serene forest path, where trekkers will cross a charming, crystal-clear creek several times. The sound of flowing water, combined with the cool, refreshing atmosphere, sets the perfect tone for the journey ahead. As you make your way through the countryside, you'll encounter lush gardens and farms maintained by the Shan people. These villagers cultivate a variety of vegetables and fruits, not only for their own households but also to sell in the nearby town markets. This is a fantastic opportunity to immerse yourself in their agricultural lifestyle, learning about local produce and traditional farming methods. From planting to harvesting, the villagers are eager to share their knowledge, giving trekkers a deeper appreciation of their way of life. The trek gradually becomes more challenging as the trail winds upward, offering a mix of adventure and discovery. Here, you'll pass through dense forests teeming with an incredible diversity of flora, from towering trees to delicate undergrowth. One of the highlights is walking through the cool, shady bamboo groves. Bamboo plays a vital role in the lives of the local communities; its rapid growth and versatility make it indispensable for daily life. It is used for cooking, crafting tools, and constructing simple yet sturdy homes. In Mae Hong Son's rural areas, you'll often see charming houses made of bamboo with leaf-thatched roofs, a testament to sustainable living practices that have been passed down through generations. As the trail continues, trekkers face a more demanding ascent up a steep mountain path. This one-hour climb is both exhilarating and rewarding. Upon reaching the summit, you'll be greeted by breathtaking panoramic views of the surrounding mountain ranges. The undulating peaks stretch as far as the eye can see, forming a stunning natural tapestry that will leave you in awe.

Lunch box will be provided

The adventure doesn't end here. After lunch, the trek leads to the Padong village, home to the Long-Necked Hill tribe. The Padong people have settled in Thailand for an extended period after seeking refuge from Myanmar. A fascinating aspect of their culture is the women's distinctive tradition of wearing brass winding rings around their necks, giving them the "long-necked" appearance. These rings are added from a

young age and gradually increase in number, elongating their necks over time. Despite their conservative lifestyle, they have successfully preserved and passed down their unique customs and traditions through generations. Exploring the Long-Necked village provides insights into their intriguing lifestyle and culture. Visitors have the opportunity to interact with the Padong people, learning about their daily routines, traditional crafts, and the significance of the brass rings. The village offers a glimpse into a way of life that is deeply connected to their heritage and beliefs. The Padong people are known for their intricate weaving and handicrafts, which they create using traditional techniques passed down through the generations. As you wander through the village, you will be captivated by the vibrant colors and patterns of their textiles, each piece telling a story of their cultural identity. The experience is both educational and enriching, leaving you with a deeper appreciation for the resilience and cultural richness of the Padong people. The journey through the village is a reminder of the importance of preserving cultural heritage and supporting communities that strive to maintain their traditions in the face of modern challenges. This trekking adventure not only offers breathtaking natural scenery but also provides a meaningful cultural experience, connecting you with the heart and soul of the local communities. The memories of this journey will stay with you long after you leave, inspiring a greater understanding and respect for the diverse cultures and landscapes that make up this beautiful region.

Prices:

- 1 Person 7,300 ฿
- 2 Persons 4,200 ฿
- 3 Persons 3,100 ฿
- 4 Persons 2,750 ฿
- 5 Persons up 2,350 ฿
- Price per person / In Thai baht / Private tour

Included:

- Drinking waters
- English speaking guide
- Travel accident insurance
- Admission fees as tour mentioned
- Meals as mentioned in the program (1 Lunch)

Excluded:

- Personal expenses
- Meals are not mentioned in the program

Tour Difficulty Levels:

- Easy / **Moderate** / Challenging

No Hidden Costs:

We are committed to providing complete transparency and ensuring that the prices and services listed on our website or in the quotation letter are the final and all-inclusive prices for our valued customers. You can rest assured that there will be no hidden or extra charges added to the quoted price. Our goal is to offer a seamless and hassle-free booking experience, and we understand the

importance of providing accurate and upfront pricing to our customers. We take pride in our integrity and customer-centric approach, and we want you to feel confident and assured when booking with us. Should you have any questions or concerns about the pricing or services offered, our dedicated team is always available to address any queries and provide you with the necessary information.

Booking Requirements:

Please inform us of the one-day tour programs you are interested in, along with the date you would like to start the tour and the number of participants. If there are children participating, please provide the number of children and their ages. Additionally, inform us of the location where you would like to be picked up or dropped off, such as airports, bus terminals, accommodation, or hotels.